

**Title: Inusmart - A Community programme to explore the cultural forces that promote at-risk drinking.**

**Presenter:** Filippo Motulalo

Culture is understood as the values, norms, expectations, assumptions, and ways of doing things that a community of people understand as 'normal' within their context. The context can change quickly through migration. Culture, which is built up over time, changes slowly.

The high rate of at-risk drinking among Pacific people in New Zealand is a concern for the community. The consequences of drinking lead to serious accidents and death, family disruption, violence, crime and loss of achievement of social goals. This is a high cost, financially, emotionally, spiritually and physically for the whole community.

The Inu-Smart programme, a collaboration between ALAC and ACC, is about to be piloted in the Auckland. It is a community based programme that explores, in action, the cultural forces influencing at-risk drinking behaviour. It seeks to increase awareness of the consequences of destructive drinking behaviour and promote community reflection about the cultural values that are operating in social situations. It will provide a platform for communities to make conscious decisions about their drinking behaviour. Community members will be trained as facilitators to conduct sociodramatic explorations of these issues as part of this programme.

In this workshop we will present an outline of our initial thinking about the programme and demonstrate through sociodramatic enactment some of the methods we will use in the programme. We will be seeking feedback from participants about the content and process we will be using.

**Filippo Motulalo** is an injury prevention consultant with ACC, working with Pacific issues.

**John Faisandier** is a trainer, educator and practitioner of the psychodrama method. He first lived in Tonga in 1970 as a VSA. During his eleven years as a Catholic priest, John worked in a variety of ministries, including Tongan chaplaincy work in Wellington. He was an investigator in the Race Relations Office in the early 1990s and was the psychodramatist at Queen Mary Hospital Hanmer Springs from 1994 – 1998. For the past 10 years he has had his own training business, based in Wellington. His programme, TUF: Thriving Under Fire trains front line staff to deal with angry and aggressive customers.