

CENTRAL REGION ADDICTION FORUM PRESENTATION and DISCUSSION

“Developing a coherent national approach to co-existing mental health and substance use/abuse disorders”

Te Kokiri

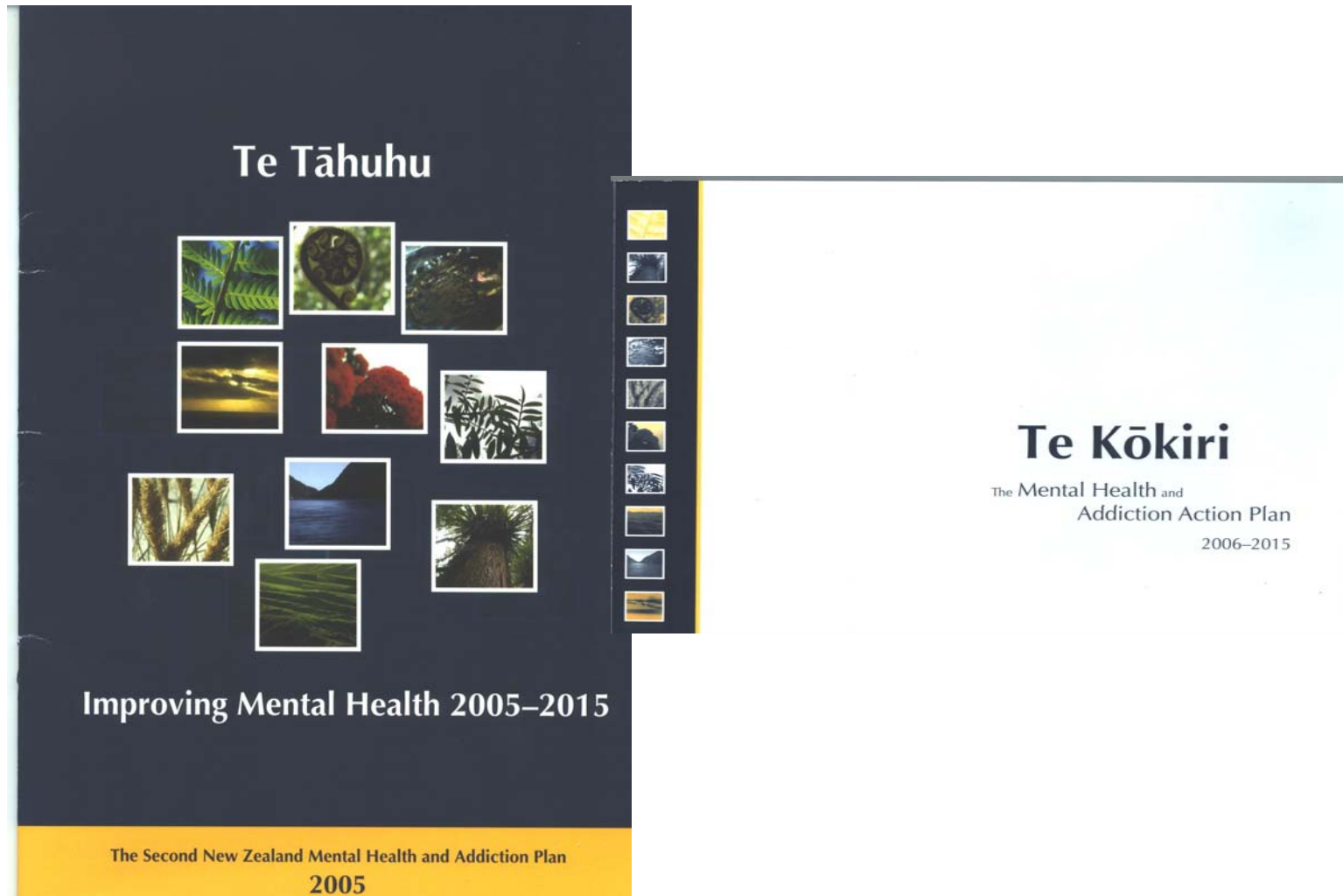


OVERVIEW of PRESENTATION

- National policy
- Epidemiology
- Consumer comments
- What Te Kokiri states
- Next Steps
- Discussion and feedback

Te Tāhuhu (strategic direction)

Te Kōkiri (implementation plan)



FINDINGS – UNDERSTANDING ACUTE DEMAND PROJECT

- Canterbury DHB
- Annual project since 2003
- Mental Health Acute Inpatient Unit (Te Awakura)
- Using data from patient files
- Random sample equating to two-thirds of total number of patients over a 3 month period

FINDINGS – UNDERSTANDING ACUTE DEMAND PROJECT cont'd

File information relating to patients' current and historical alcohol and / or other drug use:

2003	2004	2005	2006
56%	41%	54%	44%

EPIDEMIOLOGY

- Te Rau Hinengaro (2006):
- In the past 12 months, 40% experienced an anxiety disorder and 29% experienced a mood disorder
- Of all 12-month cases of substance use disorders, 29.9% had a mental health visit to a healthcare or non-healthcare provider in the last 12 months. Of these 12 month cases, 14.5% had contact with a mental health specialist

EPIDEMIOLOGY cont'd

- Prevalence of mental health disorders for Maori over a lifetime is 50.7%
- The most common lifetime disorders among Maori are anxiety disorders (31.3%), substance use disorders (26.5%) and mood disorders (24.3%)
- 46.5% of Pacific people experience a mental health disorder at some stage during their lifetime. Of this number, 19% experience mood disorders, and 17.7% experience substance use disorders.

WHAT SERVICE USERS / CLIENTS ARE SAYING:

- I just wish people supporting me would talk to each other or we could have one meeting not two or three separate meetings
- I go to CADS but they don't understand my mental illness is linked with into my drug addiction
- My appointments are at opposite ends of the city and I have no transport
- I just want to be helped by one person who sees me and all the baggage I bring along

With permission CMDHB consumers
Blueprint Leadership Project 2008

Discussion / Reflection

- Based on the previous slide “what service users are saying”, how might services address these concerns?

EXPECTATION:

Te Kōkiri (The Mental Health and
Addiction Action plan 2006 – 2015)

7.17 Develop a coherent national
approach to co-existing mental health
and substance use/abuse disorders.

What this means

- That mental health and AOD services will be more co-existing disorders capable
- That AOD services will screen for problem gambling
- That problem gambling services will screen for AOD and some mental health issues

Key Stakeholders

Ministry of Health, DHBs, NGOs, PHOs, NCAT, addiction sector

Milestones/ Measure Phasing

National plan developed years 1-3

National approach developed and implemented years 1-5

DHBs demonstrate how service delivery is aligned (of the level of the service user) for people with co-existing disorders.

“FOUR QUADRANTS”

A Service Focus-Workforce Capacity

<ul style="list-style-type: none">● Less severe mental disorder / more severe substance disorder <p>AOD services and Primary care</p>	<ul style="list-style-type: none">● More severe mental disorder / more severe substance disorder <p>Specialist Dual Diagnosis</p>
<ul style="list-style-type: none">● Less severe mental disorder / less severe substance problems <p>Primary Care (medical and non-medical settings)</p>	<ul style="list-style-type: none">● More severe mental disorder / less severe substance disorder <p>Mental Health and Primary care</p>

How do we get there and what input can I offer?

- The Ministry is identifying some key goal areas for a coherent national approach to co-existing disorders (refer handout):

1. Service focus

2. Service development

3. Systems integration

4. Workforce development

NEXT STEPS

- A paper will be developed (a discussion paper) taking into consideration feedback from these discussions (due early 2009). The paper will identify:
 - “final draft” goal areas and a range of options for services to pursue
 - a draft indication of how this will be measured at the level of the service user

DISCUSSION

- Refer hand-outs